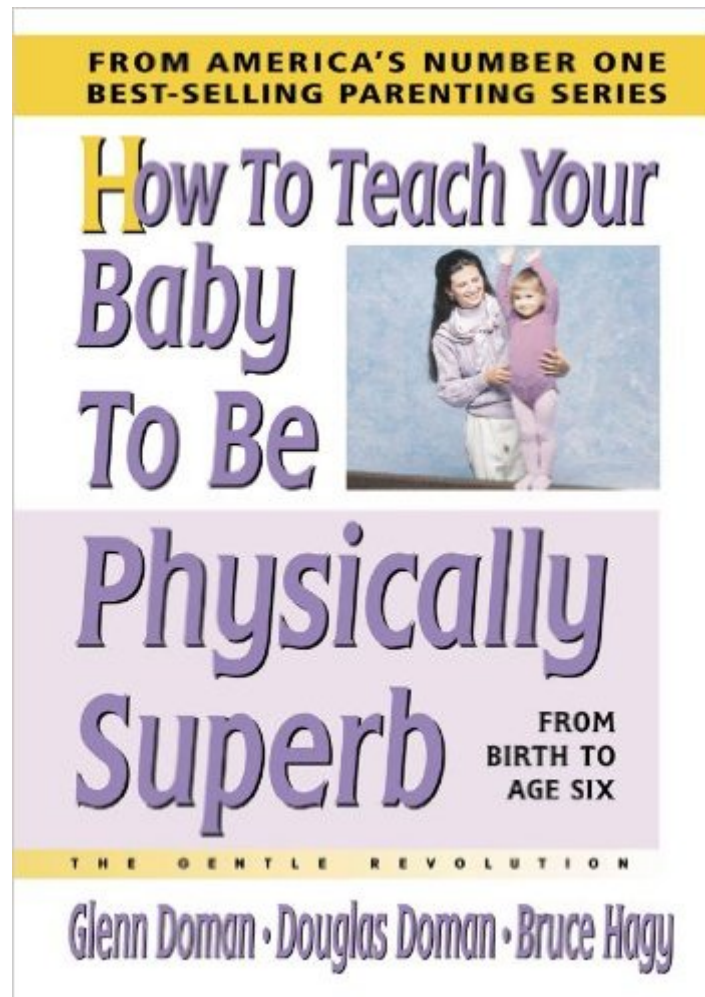


The book was found

How To Teach Your Baby To Be Physically Superb (The Gentle Revolution Series)



Synopsis

The early development of mobility in newborns is a vital part of their future ability to learn and grow to full potential. *How To Teach Your Baby To Be Physically Superb* was designed to help you maximize your child's physical capabilities. The authors clearly explain each stage of mobility and show how to create an environment that will enable your baby to more easily achieve that stage. Full-color charts, photographs, illustrations, and detailed easy-to-follow instructions guide you in creating an effective home program.

Book Information

Series: The Gentle Revolution Series

Hardcover: 296 pages

Publisher: Square One Publishers (February 8, 2006)

Language: English

ISBN-10: 0757001920

ISBN-13: 978-0757001925

Product Dimensions: 7.5 x 0.9 x 10.5 inches

Shipping Weight: 2.4 pounds

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (22 customer reviews)

Best Sellers Rank: #562,868 in Books (See Top 100 in Books) #71 in [Books > Health, Fitness & Dieting > Exercise & Fitness > Pregnancy](#) #119 in [Books > Health, Fitness & Dieting > Exercise & Fitness > For Children](#) #509 in [Books > Education & Teaching > Schools & Teaching > Parent Participation](#)

Customer Reviews

This book is quite a breath of fresh air - addresses an area that has been ignored. Pity that it's on limited availability at this time. This is a guide to how parents can encourage and maximise the opportunities for babies to develop physically (from birth to pre-school). The underlying premise here is that not only is a baby a latent genius intellectually, but also physically. The book shows how babies have to progress one step at a time, from crawling, to creeping, to balancing, to brachiating (ie swinging), to standing, to walking, to running. Various exercises are suggested for each stage to help development along. The key is that the development of each motor skill corresponds to the development of a specific part of the brain that manage such activity (medulla, pons, cortex, etc). Each activity is a prerequisite and foundation for the succeeding one. Mr Doman asserts that physical development will stimulate and maximise mental development. If you're looking for

scientific research and citations for his assertions, you won't find much, as he says that most of the conclusions and practices were developed in-house at his Institutes. The exercises (and instructions for making various equipment) are well described, with many photographs of joyful children doing them. Like his other books, Mr Doman's joy with his work and with children clearly shines through, and reading his book is an uplifting experience. More controversially, he is an advocate of the baby spending more time on its tummy in order to develop the ability to crawl & creep. An increased risk of SIDS? He is also very negative on strollers and playpens that restrict mobility (and by implication, physical and mental development of the baby).

[Download to continue reading...](#)

How to Teach Your Baby to Be Physically Superb (The Gentle Revolution Series) How to Teach Your Baby to Be Physically Superb : Birth to Age Six (More Gentle Revolution) Baby Names : Unusual and Surprising baby names with their meanings (FREE BONUS): Baby Names : Baby names 2016 (Baby names, baby names book, baby names ... names and meanings, baby names book free,) Homemade Baby Food: 17 Wholesome Baby Food Recipes for Easy, Nutritious, and Delicious Homemade Baby Food (How to Make Baby Food) Pregnancy: Childbirth, Motherhood, and Nutrition - Everything You NEED to Know When Having A Baby (Breastfeeding, Newborn, Infant Care, Baby Names, Baby Food, First Time Mom, Baby's First Year) The Effective Baby Sleep Training: Gentle, Non "Cry It Out" & Breastfeeding-Friendly Methods to Match Your Baby's Personality (Revised Edition) Jesus, the Gentle Parent: Gentle Christian Parenting (Little Hearts Handbooks) Baby Signs: How to Talk with Your Baby Before Your Baby Can Talk, Third Edition Introducing Solids & Making Your Own Organic Baby Food: A Step-by-Step Guide to Weaning Baby off Breast & Starting Solids. Delicious, Easy-to-Make, & Healthy Homemade Baby Food Recipes Included. Essential Oils For Babies: The Ultimate Guide On How To Use Essential Oils For Your Baby To Maximize His Health (Aromatherapy, Baby Health, Natural Remedies, Baby Care) DIY Baby Food: The Fastest, Easiest And Most Healthy DIY Baby Food Recipes (Homemade Baby Food - All Natural - Organic Recipes - Healthy Infants) Baby Names: Baby Names for Boys and Girls, Baby Name Meanings, and Name Origins! The No-Cry Sleep Solution: Gentle Ways to Help Your Baby Sleep Through the Night: Foreword by William Sears, M.D. Do Your Bit to Be Physically Fit! (Healthy Habits for a Lifetime) Alpha Lipoic Acid Breakthrough: The Superb Antioxidant That May Slow Aging, Repair Liver Damage, and Reduce the Risk of Cancer, Heart Disease, and Diabetes Superb Minecraft: Develop Math By coloring (Minecraft Activity Books) (Volume 2) How to End an Unhappy Marriage: An Essential Guide to Letting Go Emotionally, Preparing Yourself Mentally, and Moving On Physically - (When to Get a Divorce | When to End a Marriage) Crucial

POCKET BILLIARDS Tips for Beginners, Intermediate Students, Seniors, and Physically Challenged Enthusiasts The Baby-Led Weaning Cookbook: 130 Recipes That Will Help Your Baby Learn to Eat Solid Foods_and That the Whole Family Will Enjoy Baby Love: Healthy, Easy, Delicious Meals for Your Baby and Toddler

[Dmca](#)